

## Community Garden

The Mental Health Association of Clinton & Franklin Counties, Inc. has developed a community garden. The CMHP worked on the development of this garden to promote mental health issues and to educate the community on these issues. The garden is located at Lake Colby in Saranac Lake and is designed to be accessible for all individuals. It is a garden without borders.

For more information:

Call or write:

Mental Health Association of Clinton & Franklin  
Counties  
14415 Sate Route 30  
Malone, NY 12953  
Phone: 518-521-3507 or 518-521-3537  
Fax: 518-521-3760  
[www.mhafcn.org](http://www.mhafcn.org)

Working to promote wellness and recovery for individuals living with mental illness.

## Mental Health Association of Clinton & Franklin Counties, Inc.



### Our Mission Statement

“The Mental Health Association in Clinton & Franklin Counties, Inc. is dedicated to improving the quality of life for individuals and their families living with mental illness and to reduce the stigma through advocacy, education and information.”

The Mental Health Association in Clinton & Franklin Counties, Inc. is an independent, grassroots, not-for-profit organization for both adult and child recipients of mental health services.

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Would you like to become a member of the Mental Health Association? If so please complete the following form and send it to:

Mental Health Association of Clinton & Franklin Counties Inc.  
14415 State Route 30  
Malone, NY 12953

Name \_\_\_\_\_

Telephone \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Are you interested in volunteering your time?

\_\_\_\_\_

If so in what capacity?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Contribution Levels

(Please check or enter amount where indicated)

Individual  
Member \_\_\_\_\_ \$10 \_\_\_\_\_ \$15 \_\_\_\_\_ \$20  
\_\_\_\_\_ Other

Family \_\_\_\_\_ \$25 \_\_\_\_\_ \$30 \_\_\_\_\_ \$35  
\_\_\_\_\_ Other

Business/  
Corporate \_\_\_\_\_ \$50 \_\_\_\_\_ Other

Charter \_\_\_\_\_ \$100

Check or Money Order may be made out to:  
Mental Health Association

**We appreciate all contributions. We are a not-for-profit agency.**

## **We are Dedicated to Serving Individuals, Families and The Community By:**

- Providing public education, addressing mental illness prevention, the promotion of mental wellness and stigma reduction.
- Advocating at local, state, and national level in support of necessary appropriations and laws.
- Mobilizing public opinion and stimulate action for the establishment and maintenance of adequate services and proper care for individuals with a diagnosis of mental illness.
- Acting as a clearinghouse and information center for agencies and individuals, and render a program for the consultation and coordinating of services in Franklin County.

## **Don't Know Where To Get The Information You Need?**

We have a library of information and referral material:

If you have questions concerning mental illness give us a call to see if we have resources on the subject or stop by the office and we will be glad to assist you.

## **Advocacy for Adults and Parents**

Our family advocates can:

- Help assure your child receives the education they deserve.
- Accompany you to court, doctor appointments, therapy sessions, etc.
- Advocate for you in a variety of situations.
- Help you find resources and services which you need.

## **Common Sense Parenting Classes**

We offer classes in Malone.

We offer classes for school aged children.

If your children came with a manual this would definitely be the one you'd want to use. This course is once a week for six weeks.

To register or to get a class schedule just call us. Classes are free and open to the public. Please call for more information.

**We offer workshops to the community on a variety of subjects.**

## **Community Mental Health Promotion Project**

This project is a grassroots advocacy incubator program that creates teams of diverse constituencies to help identify and promote mental health priorities in the community. This agency has been chosen to be part of Community Mental Health Project (CMHP) for the last several years. This project is funded by the Mental Health Association in New York State (MHANYS.)

## **Peer Networking Group of the Adirondack's**

The Peer Networking Group of the Adirondack's is a group of peers from Clinton, Essex and Franklin Counties who meet to discuss important mental health issues concerning themselves and the communities they live in. This group is open to all past and present recipients of mental health services.